



OSCA 2010 WORKSHOP DESCRIPTIONS

SUNDAY WORKSHOPS

SESSION "A"

Sunday, November 7 2:45 – 4:00 pm

(Please indicate your first and second choice on your registration form)

Note: \$\$\$ means that the presenter is promoting a product that can be purchased

A – 1 **Oppositional Defiance or Anxiety: Perceived Comorbidity Resulting from Ambiguous Behaviours**

Dr. Paul Hommerson, Psychologist, The Clinic for Emotional Wellness

Clinicians and researchers rely heavily on adult reports in assessing childhood problems. Unfortunately, this reliance can complicate the assessment process in a number of ways, including a lack of agreement among different raters or potential biases in the ratings. Some items included on common childhood checklists are ambiguous and may spuriously increase the perceived co-occurrence or comorbidity of child problems in these reports. This presentation will discuss relevant research about the two disorders and discuss ways for clinicians to look at the behaviors in a way to help avoid mislabeling students.

By the end of the presentation it is hoped that attendees will take away a greater knowledge of these common childhood and adolescent disorders, a greater confidence in asking good questions about the behaviors to reduce the likelihood of mislabeling a student, and a brief understanding of potential treatment options that could be discussed within a school team.

General

A – 2 **Town Hall: Let's talk about the issues that impact on Guidance & Career Education**

Marilyn MacLennan, Head of Student Services, L.B. Pearson High School, Halton District School Board, and OSCA President

This is an opportunity to talk about how to move guidance forward and share ideas to keep us on the path to success. This town hall format will allow you to have a voice. We will share, discuss and look for directions, solutions and best practices. Topics can include: managing a guidance program and department, working with administration, advocating for your students and program, and working as a member of teams of which guidance is a part.

Elementary School, Middle School, Secondary School

A – 3 Successfully Guiding Pathways to Health and Wellness

Kelly Adams, Counsellor, Co-Active Life Coach, Insights

One crucial aspect of engaging in the important work of counselling that has largely been overlooked is the *self-care* of the counsellor, and the key role it plays in how we approach our work, and how successful we will be at carrying it out on a daily basis. If we are to effectively navigate our students towards personal, spiritual, social and career success, we must be in a place of *wellness* in our own lives. We need to engage in healthy ways of accomplishing our work so that we don't fall prey to vicarious trauma, compassion fatigue or burn-out. We need to see progress in our own lives so we can inspire and connect with students attempting to move forward in theirs.

An introduction to numerous time-proven ways of enhancing one's health while working in care-related fields like counselling, therapy and teaching, will be provided. The tools introduced will include the use of bibliotherapy, music, nutrition and movement- all pathways used in the life-long process of experiencing wellness. There will be an opportunity to have participants actually devise individual self-care plans during the session.

Applicable for all those involved in guidance/teaching in schools

A – 4 Partnering with ILC to support Student Success

*Sarah Irwin, Managing Director; Carolyn Weckesser, Marketing Manager,
Independent Learning Centre*

For over 80 years the Independent Learning Centre (ILC) has been Ontario's provider of distance education and a trusted vehicle for personal successes. The ILC's comprehensive learning platform is designed to be a natural complement to the Ontario High School model, working in conjunction with school boards and private and independent schools.

Participants in this session will learn about the ILC turn-key Dayschool model which provides peace of mind and ease of use for guidance counsellors and teachers. ILC credit courses are designed specifically for independent study, by a team of experienced teachers and instructional designers. Student work is marked by ILC associate teachers (in good standing with OCT), course materials are provided, and updated courses are frequently released to match curriculum revisions. Participants will also learn about the student experience which includes the integration of technology to address course expectations in an engaging manner, the virtual locker and online assignment submission tool, and the ILC support system available to your students registered with ILC.

Secondary School

A – 5 Turn Left, Turn Left: Guidance Department, GPS of the School

Janis McCaskill, Guidance Instructional Leader; John McPhee, Guidance Instructional Leader, Toronto District School Board

The school guidance department is the GPS of the school. Counsellors must always be aware of new roads and bridges being built, which roads require maintenance and where new subdivisions are popping up. In this workshop, we will take a practical approach and examine the navigation tools necessary to run an effective department and meet the needs of all learners. Guidance program plan, intervention strategies, available resources, and models of communication will be discussed.

Middle School, Secondary School

A – 6 RNAO - Nursing Career Pathway Tool

Carrie Scott, Recruitment & Retention Program; Karen Ellis-Scharfenberg, Associate Director, Centre for Professional Excellence; Veron Ash, Manager, Centre for Professional Excellence, Registered Nurses Association of Ontario

At the RNAO, we strive to empower professionals with knowledge. Towards achieving this aim, a comprehensive, visually attractive, simplified Nursing Career Pathway Tool has been developed and is available for use by multiple educational mediums to counselors working in elementary schools, high schools, adult learning organizations, and vocational centres. Parents, second career seekers, and nurses at various stages of their career would also benefit greatly from the use of this tool. The RNAO Nursing Career Pathway Tool includes important information such as academic requirements for entry to nursing school number of years to completion; graduate degree/diploma obtained; eligibility to write registration exams for registered nurse or registered practical nurse; and scope of practice for category of nurse. In addition, 'The Pathway Tool' also includes information related to accessing primary care nurse practitioner certificate and the graduate study nurse practitioner program for registered nurses wishing to pursue this area of interest. There are considerable benefits to using this tool. All career counselors within Ontario will have effortless access to key academic and career guidance information to help students navigate successfully into, and within the nursing profession. This single-paged career algorithm will also provide links to the RNAO website for further guidance and information.

Elementary School, Middle School, Secondary School

A – 7 The Brain: Our Personal Navigation System

Kaarina Gentle, Facilitator/Presenter/Consultant

This interactive workshop will be an introduction to understanding the basics of the navigation system for personal success: the brain. With continuous improvements in imaging technologies allowing neuroscientists to gradually unlock the mysteries of the brain, we need to have some insight into brain function in order to understand these new discoveries, as they are unveiled. As teacher/counsellors, we can use our understanding of the brain to facilitate the thinking of the young people we are counselling and to help them to recognize and navigate through their personal thinking and behaviours. This workshop will help teacher/counsellors to work with, rather than against the brain when guiding their students. It will introduce how the brain works, its needs, the effects of stress, the development of mindsets, and adolescent brain development.

Elementary School, Middle School, Secondary School, General

A – 8 **College Mathematics Project: Special Update & Report**

Dr. Graham Orpwood, CMP Project Manager; Lauren Schollen, Dean, Faculty of Applied Science & Engineering Technology, Seneca College

The College Mathematics Project tracks the success of over 30,000 secondary school graduates who go on to College and take mathematics each year, and links this with the mathematics pathways taken in secondary school. This year's CMP Update will feature data from CMP 2009 on the achievement of students who have taken a wide variety of school mathematics pathways, prepared in a special report for Guidance Departments to be launched at OSCA 2010.

CMP also hosts forums throughout the province at which the implications of this research for Guidance teachers is a particular focus. OSCA members are particularly welcome to share in these deliberations and thereby contribute to next year's CMP conclusions and recommendations.

Secondary School, Francophone

A – 9 **Smart Options Plus - Finding Your "Smarts" Is Finding Your Future**

Judy Ferguson, Ontario Trainer for Real Game Series; Phil Jarvis, Vice President; Helen Hackett, Vice President, National Life/Work Centre

You're smarter than you think you are! Everyone has a mixture of different talents, abilities and skills. An eminent psychologist, Howard Garner saw these capacities as different types of intelligence. Another psychologist, Thomas Armstrong popularized these ideas by calling these many intelligences *smarts*. **Smart Options Plus** follows their lead and helps students explore their *Body, Image, Logic, Music, Nature, People, Self and Work Smarts*. The program shows how knowledge of our smarts can help us navigate through the work world. This program is an excellent motivator and self-esteem booster especially for those students who have disengaged themselves from learning because of poor grades and the belief that they aren't smart. They learn to view life through an encouraging new set of lens.

Participants in this workshop will be given an overview of **Smart Options Plus**, a guidance and career resource designed that honours all pathways to success. They will see how students, even those who are discouraged, become affirmed as they see a place for themselves in the world after high school, a place that suits them and appeals to them, a place where they will find personal success.

Secondary School

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A – 10 The GROF: A Multidimensional Interest & Personality Inventory

Sandra Piperni, Guidance Counsellor & GROF Trainer; Nathalie Perreault, Guidance Counsellor & GROF Trainer, Psymétrik

The Career Orientation Guide GROF (Guide de Recherche d'une Orientation Professionnelle) is an interest and personality inventory useful in guiding individuals towards enriching career paths and personal success. This validated and standardised psychometric test combines John L. Holland's theoretical models and Jung's bipolar scales, as well as two factors unique to the GROF. It is composed of three separate sections measuring interests, personal traits, and values. Originally created 25 years ago by two high school guidance counsellors with the collaboration of specialists in psychometrics, the GROF, currently in its third edition, is widely used in schools and other organisations in Quebec, Canada's francophone communities and some other francophone countries. This unique multidimensional assessment tool is now available in English, in both a printed and online format. This workshop is aimed at introducing the test to guidance counsellors and showing its usefulness in the counselling process with their students.

Secondary School, General

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A – 11 Explore and Discover! TCDSB Pathways Resource Document, Grades 1-6

Julie Fantinato, Elementary Guidance Counsellor; Lucia Pietroniro, Elementary Guidance Counsellor; Gina Vincent, Elementary Guidance Counsellor, Toronto District School Board

This interactive workshop concentrates on fulfilling elementary Pathways goals for grades 1 – 6. Participants will have the opportunity to interact with the resource materials in a hands-on, carousel format. Explore and Discover, created by TCDSB elementary guidance counsellors for classroom use, is designed to be cross-curricular and includes the use of technology. See how this document can be used in conjunction with other subject areas to fulfill Pathways Smart Goals in the Elementary Panel.

Elementary School

A – 12 Apprentissage en ligne - La technologie au service de l'apprentissage

Clovis Paquette, Conseiller en orientation, Consortium d'apprentissage virtuel de langue française de l'Ontario

L'apprentissage en ligne est un dossier provincial d'actualité et d'intérêt qui évolue rapidement. La participation accrue des écoles ainsi que le nombre croissant d'élèves inscrits à des cours en ligne sont des manifestations concrètes de l'importance accordée à ce dossier de l'heure. Les conseillères et les conseillers en orientation sont des professionnels de l'éducation qui jouent un rôle clé en aidant le jeune à faire le point sur sa situation personnelle, scolaire et professionnelle. Cette présentation comprendra une mise à jour des dossiers actuels et elle permettra de présenter de nouvelles initiatives reliées à l'apprentissage en ligne. Elle permettra aussi d'amorcer un dialogue sur des sujets se rapportant aux élèves, aux conseillères et aux conseillers en orientation, aux écoles et aux conseils scolaires.

Secondary School, Francophone

A – 13 Guidance Counsellors: The Key to Student Success in E-Learning
Rose Burton Spohn, e-Learning Ontario, Ministry of Education

Like it or not, today's secondary school students are likely to meet e-learning in any post-secondary destination they choose: university, college, apprenticeship, or the workplace. Wouldn't it make sense for these same students to experience e-learning in a supportive learning environment before they enter the real world?

The gatekeepers in many schools, guidance counsellors have a tremendous responsibility to understand what e-learning is all about, to help determine whether e-learning is a viable option for the students they serve, and if it is, what supports are required for students to succeed. Learn what an online course looks like, how e-learning can be used for credit recovery and remediation, how online resources can engage reluctant learners, what students say about e-learning courses, and what Ontario guidance counsellors have shared about counselling for success. We'll tackle some myths and realities head on, including the myth that e-learning is just for adolescents in a high school setting! Join us!

Secondary School

SUNDAY WORKSHOPS

SESSION "B"

Sunday, November 7 4:15 – 5:15 pm

(Please indicate your first and second choice on your registration form)

Note: \$\$\$ means that the presenter is promoting a product that can be purchased

B – 1 Green is the New Black

Kevin Bray, Counsellor/Economist, Find Your Shade of Green

Is it true that the world is about to get a whole lot smaller? Is the Millennial Generation being forced to find a shade of green? If Jeff Rubin (former CIBC economist) is right, then we need to get students involved in green careers. Learn about green pathways for students and why a green job just might be the coolest way to halt climate change. "Generation Green", a mentoring program that brings Toronto students together with Green Toronto Award winners, will be highlighted.

Secondary School

B – 2 Learning Skills: A 10 Week Program for Success

Ross Newhook, Guidance Counsellor, Peel Board of Education

This workshop will present a Student Success initiative based on the premise that an increase in learning skills directly correlates with students' academic success. The program begins with a one hour staff in-service, the focus of which is to highlight the importance of Learning Skills to academic success and to give teachers tips on how to explicitly teach and assess Learning Skills. Following this, one Learning Skill is featured each week for five weeks – every Monday morning an email is sent to all teachers with an explanation of the featured Learning Skill along with one or two tips of how the Learning skill might be incorporated into the curriculum. At the halfway point, a survey is sent to all staff to assess the effectiveness of the program and how teachers have incorporated Learning Skills into their curriculum. At a follow-up staff meeting, the results of the survey are presented and teachers are in-serviced on how to conduct Learning Skills focused conversations with students and parents. For the next five weeks the program is repeated along with a new set of Learning Skills tips.

Middle School, Secondary School, General

B – 3 Teamwork for Success

Maureen Weekes, Secretary; Joan Macklin, Director; Philip Palmer, Director, Ontario Peer Help Association

'Team Work for Success' is an activity based workshop presented by the Ontario Peer Helpers' Association.

Targeted audience: teaching staffs, student leadership groups, parents' councils, families, church groups and other organizations.

The workshop

- activity-based
- addresses the issue of problem solving within a team context
- models how a team, work and learn together to solve key issues effectively, in a school or organizational environment
- includes a collective process: data collection, identification of problem, analysis, possible solutions, plan of action, implementation

Learn to be successful through team work!

Middle School, Secondary School, General

B – 4 Pathways to a Career in Policing: Tools to develop students and ensure success

Sergeant Brian Johnson, Senior Uniform Recruiter, Ontario Provincial Police

As the police workforce in Canada continues to age there will be a greater need to replenish this workforce. Many of our young people are not considering a career in policing. This is due to misconceptions of work-life balance and that many services are looking for older applicants.

This presentation will assist in eliminating these misconceptions and provide our youth with the necessary tools and pathways to strengthen their level competitiveness and improve their chances in obtaining these law enforcement positions. Attendees will learn about policing in 2010 and how they can help students make informed decisions about their career path. Information will be shared about youth development and educational pathways to success. Together we can provide our youth with the tools they need to succeed.

Secondary School

B – 5 Dual Credits in Durham - helping students succeed!

Elyse Pinder, Facilitator for Co-op, Guidance and OYAP; Bob Brown, Facilitator – SCWI, SHSM, Technological Education, Durham District School Board

The Durham District School Board, as part of the Eastern Lakeshore Regional Planning team, is involved in many student success initiatives involving dual credits. Come and hear about successful programs that bring the college and secondary worlds closer together. Presenters will share information on dual credits and SHSM, OYAP, Centres for Success (School within a college), Continuous Intake Co-op and Night school.

Secondary School

B – 6 On the Way to CA: A Student Perspective

Andrew Pieon, Liaison Officer ; Jennifer Diebolt, Liaison Officer, The Institute of Chartered Accountants of Ontario

This workshop will include a student panel that includes a Q and A about myths that exist in the guidance world about accounting careers and the CA designation. These students, who are at various levels of university education, will talk about their experiences as they work through their university program and CA courses. The students will also touch on why they chose to pursue the CA designation and the support they received from guidance counsellors and teachers.

Secondary School

B – 7 The Engineering Professions: letting your students know what to expect
Lee Weissling, Business Development Office, Ontario Society of Professional Engineers

The Ontario Society of Professional Engineers (OSPE) and the Ontario Association of Certified Engineering Technicians and Technologists (OACETT) will discuss characteristics and differences in the regulated or certified engineering/science professions. The goal is to strengthen the understanding about these career paths among guidance counsellors.

Topics covered include:

- Entry requirements to university and college engineering programs – not just standard admissions – but such things as
 - what high school courses help gain entry and prepare one for engineering studies
 - the type of study habits students should expect in university or college and whether these are similar to those they are used to in high school
 - the type of aptitude, attitude, and/or personality which is best suited to succeed in an engineering program
- Review of Ontario universities and colleges and if they have specialty engineering programs
- Review of the different types of disciplines within engineering and typical careers these disciplines lead to
- Special encouragement and discussion on how to attract more girls/women to engineering
- Licensing and Certification vis-à-vis distinction with technicians/technologists; what it means to be licensed or certified and, in the case of engineers, why one isn't able to be titled 'engineer' until licensed

Secondary School

B – 8 Become Your Best: Exploring Your Opportunities in the Fitness Industry
Erin Andersen, Membership Development Manager; Rod Macdonald, Vice President; Nathalie Lacombe, Certification & Membership Director, Can-Fit-Pro

Discover all the exciting opportunities the fitness industry has to offer secondary school students on a path to improving their health, and the health of others, through part-time, full-time, or career options.

As one of the world's largest providers of fitness certification and education, Can-Fit-Pro provides an accessible, attainable, and affordable gateway to becoming a fitness professional. Can-Fit-Pro will help your students explore all the rewarding paths in an exciting, diverse, and growing industry. From courses, certifications, events, and continuing education, Can-Fit-Pro delivers the foundation upon which students can pursue a career that is both personally and professionally rewarding.

This presentation will provide both an overview of the opportunities within the fitness industry as well as the specific requirements of the unique career paths available. Topics will include the importance of certification, professional development, and continuing education, as well as discuss topic areas such as trends, fitness as the solution to the health care crisis, and how schools have the opportunity to potentially host and deliver Can-Fit-Pro education directly to their students.

Secondary School

B – 9 Table de discussion: Partage de trucs pour faire fonctionner un Service à l'élève dans une grosse école

Manon Boulanger, Conseillère en orientation, responsable des Services à l'élève, École secondaire publique Gisèle-Lalonde, CEPEO

Cet atelier se veut un partage de ressources et de trucs qui permettent de faire fonctionner un bureau des Services à l'élève d'une grosse école. Les sujets visés sont : le suivi des élèves, la communication avec les parents, l'équipe de la réussite, l'horaire, etc. Les participants peuvent apporter du matériel ou des idées pour enrichir la discussion.

Secondary School

B – 10 Entrepreneurship resources to support Guidance & Career Education

Jodi Sinden, Business Consultant, Ministry of Economic Development and Trade, Entrepreneurship

Summer Company helps students create summer jobs they love. Students can start their own business and receive up to \$3000 to run it for the summer. They also receive training, mentoring and gain valuable business and leadership skills.

With Summer Company, students can turn a hobby or skill like music, jewelry making, organic gardening, quilting, sports instruction, or ability to create something into a summer business. 92% of past participants agree that Summer Company gave them skills that were transferable to other areas of their careers and lives and 96.2% would recommend Summer Company to a friend. In this session, a group of past Summer Company participants will talk about their experience.

Summer Company is a program of the Ministry of Economic Development and Trade of the Government of Ontario.

Secondary School

B – 11 Understanding Student's Financial Priorities: Helping Plan for Post-Secondary

Suzanne Tyson, President; Lara Muldoon, Relationship Development Manager, StudentAwards Inc.

Studentawards is pleased to present a workshop on Understanding Students Financial Priorities: Helping Plan for Post-Secondary Education. In this workshop, Studentawards President, Suzanne Tyson will present findings from a recent Studentawards Syndicated Study about secondary student budgets, financial literacy, and what students spend the most money on, for back-to-school, and monthly throughout the year.

Suzanne will leave counsellors and educators with some strategies to create awareness about the cost of post-secondary education and resources to help students and their parents start planning for their financial future including available budgeting tools, scholarship resources, and sources of financial aid.

Secondary School

B – 12 PREPSKILLS: Our guide to US Admissions

Dr. Josipa Petrunić, Head Researcher, PREPSKILLS

American, admissions and applications: three A's that Canadian guidance counsellors cringe at. American post-secondary admission applications can be daunting – in no small part due to the fact they differ radically in structure and form from Canadian applications. Not only do American colleges and universities have relative and individualistic admissions procedures, but they often throw different deadlines, different requirements and a multiplicity of options at the unsuspecting student! “SAT or ACT or BOTH accepted here!” And the more options students have, the more confused the route to American college admissions can become.

Rather than meandering perplexed through this world of American admissions, take a step back. Breathe. Allow PREPSKILLS to plot the route for you and your students. Let us help you find the path to academic success without taking unnecessary wrong turns along the way.

Dr. Josipa Petrunić, a post-doctoral research fellow from University College London (UK) and the University of Toronto, and PREPSKILLS' head curriculum researcher, will discuss the how to successfully guide your students through American post-secondary education. She will examine the SAT as well as athlete-specific requirements for student-athletes (i.e. NCAA, NAIA, and more). She will also explain how you can make sure your smart students get access to financial aid packages to go to American schools.

Secondary School

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MONDAY WORKSHOPS

SESSION "C"

Monday, November 9 10:45 am – 12:00 pm

(Please indicate your first and second choice on your registration form)

Note: \$\$\$ means that the presenter is promoting a product that can be purchased

C – 1 Data Boot Camp for School Counsellors & Administrators - PART 1

Dr. Russell A. Sabella, Professor, Florida Gulf University

The Data Boot Camp for School Counselors is designed to advance technological literacy among counselors in a useful and practical manner. Particular attention is given to using Microsoft Excel™ to make data an important part of your comprehensive school counseling program. From data-driven decision making, to monitoring progress, to reporting the positive impact you're having on kids -- this workshop will demystify how it's done. Workshop content is pre-planned although flexible enough to meet individuals' specific technological training needs.

****Participants should sign up for both Part 1 (in Session C) and Part 2 (in Session D)**

Elementary School, Middle School, Secondary School, General, Francophone

CANCELLED – PLEASE DO NOT CHOOSE

C – 2 Pratiques réussies

Serge Plante, Conseiller en orientation, É.s.c. Champlain, Conseil scolaire catholique du Nouvel-Ontario

Cet atelier est une présentation de certaines pratiques réussies à l'É.s.c. Champlain. Plus particulièrement, les sujets suivants seront abordés; le portfolio des élèves, notre centre de la réussite et notre cours de TGJ3M (Technologies des communications). Le partage de vos pratiques réussies sera également encouragé.

Secondary School, Francophone

C – 3 The NEW Be Real Game: A Student Journey Towards A Successful Future

Judy Ferguson, Ontario Trainer for Real Game Series; Phil Jarvis, Vice President; Helen Hackett, Vice President, National Life/Work Centre

Too many students have no idea what the future holds for them and think it is something that will ‘just happen’. When they are engaged in this program, in the first unit they will experience, through role-playing an adult they choose, what the future might hold for them. In the second unit, students begin to navigate their future by investigating work and a lifestyle that will make their personal vision a reality.

This long-awaited resource is very special and an excellent complement to existing career information /resources/curriculum and an excellent prelude to work experience or co-op programs.

NEW online format. NEW assessment tools and rubrics. NEW role profiles (120). NEW organization and revised flow. NEW content – character traits, financial literacy, environmental awareness, healthy living, portfolio tools, journal, job search tool kit . NEW *My Zone* for students.

The workshop will begin with an overview of the program and the changes. Participants will have an opportunity to see the online activities and “play” some aspects of the game as well. You will also have a chance to hear from teachers who were involved in the piloting of the program. They will share their experience and the feedback received from their students, and answer any questions you may have.

Secondary School

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C – 4 Discovery and Explorations as Interactive Interest Inventories on myBlueprint.ca

Brian Harris, Author/Career Consultant, Canadian Guidance Services; Gil Silberstein, Founder, myblueprint.ca

What’s better than one Interest Inventory? Two! Brian Harris, author of the popular Interest Inventories DISCOVERY and EXPLORATIONS, and the company that brought you myBlueprint.ca Education Planner have teamed up to develop a leading-edge resource to help guide students into the future. With more than 450,000 Canadian students having already benefited, the paper-based DISCOVERY (Grades 7-9) and EXPLORATIONS (Grade 10-12) Interest Inventories are now online and interactive as stand-alone resources or with full myBlueprint.ca integration.

Brian Harris will provide an overview and will share practical ideas to more effectively use DISCOVERY AND EXPLORATIONS with students in your school, whether as part of guidance, related credit courses or with individual students. Gil Silberstein, founder of the Ontario-focused myBlueprint.ca resource, will demonstrate the integration and cost-saving opportunities provided and touch on other innovative developments, including the myBlueprint.ca SHSM Module.

Middle School, Secondary School

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C – 5 Career Opportunities in Biotechnology - How to Prepare Your Students

Colette Rivet, Executive Director, BioTalent Canada

As more and more sectors of the economy rely on biotechnology, a growing number of jobs are being created through public research institutes, universities and private industry. To fill these positions the bio-economy workforce needs skilled job-ready talent now and in the future. Knowing the most recent labour market information, career options and resources available is key for counsellors, students, job seekers and employers to ensure Canada has access to a job-ready workforce. Employers have identified the skills and competencies that are in short supply. These include knowledge of the industry, business and communication skills in addition to science skills.

Biotechnology innovations may start in a laboratory they do not end there. Successful biotechnology teams not only require people with science knowledge but also need a diverse mixture of people with such skills as leadership, business, project management, communication, flexibility and critical thinking, which makes a career in biotechnology even more exciting and unique. With the majority of biotechnology organizations across Canada being small, flexibility is critical - staff must “wear many hats” and be comfortable working outside a narrowly prescribed specialization. However, there are several larger organizations that require specialization.

Find out how BioTalent Canada is helping students and job-seekers become bio-ready.

Middle School, Secondary School, General

C – 6 Preparing Students for Post-Secondary Transition through a Visual Arts Pathway

Mitchell Curci, Guidance & Special Education; Alexi Manis, Teacher, The YMCA Academy

The YMCA Academy is a small independent secondary school that attracts students who have disengaged from formal education systems. At The YMCA Academy students are recognized, accommodated, and celebrated for their interests, passions, and differences. Students are engaged in a model of learning that offers multiple opportunities for students to experience creativity and relevant learning, and the development of strong YMCA values within a caring community-based environment that encourages them to re-engage. The Visual Arts Pathway is a major focal-point that allows students to reconnect with education through its focus on studio and art appreciation where the programme is primarily concerned with exploring expressive character and how the student sees it and the design of things that they use. Students at The YMCA Academy re-engage with school through a process of differentiating instruction that recognizes individual strengths/challenges and provides opportunities through art for successful authentic and relevant learning experiences that taps into student creativity and passion. Students are immersed in a model of learning that offers multiple opportunities to explore their creativity within a caring community-based environment that encourages them to succeed and pursue their renewed passion for learning in post-secondary opportunities.

Secondary School

C – 7 Stopping the Stigma: The TCDSB Mental Health Strategy

Sheila Gilkinson, Student Success Lead Teacher; Lisa McGuckin, Guidance Resource Teacher; Mary-Louise Ireland, Student Success Teacher; Student, Toronto Catholic District School Board

Students suffering from mental health problems or dealing with those of family/friends have greater challenges achieving success in school. While many recognize the need to address mental health issues in schools, how to achieve this requires a careful strategy. Over the past 4 years, the TCDSB has worked to increase the capacity of staff and students to deal with these issues. A partnership with the Mood Disorders Association of Ontario has allowed the Student Success department to provide information to increasing numbers of staff each year, including SSTs, Guidance counsellors and classroom teachers. In the past year, we have begun dealing directly with students through a board-wide mental health symposium, and by providing training for student teams organizing mental health awareness weeks at the school level.

In a presentation that will be both informational and interactive, those attending will hear how the TCDSB strategy developed but will also be asked to consider how well their own school/boards' mental health strategy addresses the needs of their students and will be invited to discuss challenges and solutions with other attendees.

Secondary School

C – 8 Hospitality & Tourism: Resources & Tools to Support Student Success and SHSM's

Kamaljeet Singh, Manager, Workforce Skills Development, Ontario Tourism Education Corporation (OTEC)

The Ontario Hospitality and Tourism sector is the largest tourism labour market in Canada, representing 37.8% of the National total. Despite ongoing economic challenges, the Hospitality and Tourism labour market has been, and is projected to continue growing. According to Statistics Canada, there will be 98,000 tourism-specific job vacancies in Ontario by 2025! Attend this session and explore the resources and tools available to support skills training and employment preparation for High School students to establish a successful career in this vibrant sector! This workshop will highlight Tourism Sector Council initiatives, Professional Certification programs, and a snapshot of the Service Excellence program, which meets the sector-recognized certification requirement for the Hospitality & Tourism and Business SHSM's. Brought to you by OTEC and the Canadian Tourism Human Resource Council (CTHRC).

Secondary School

C – 9 Transition to Post-Secondary Education for Students with Disabilities

Jane Cousens, Senior Policy Advisor; Taras Myhal, Senior Policy Advisor, Ministry of Training, Colleges & Universities; Bob Spall, Education Officer, Special Education Policy and Programs Branch; Susan Alcorn-MacKay, Director, Disabilities Services & Northern Ontario Assessment & Resources Centre, Cambrian College; Tina Doyle, Director, AccessAbility Services, University of Toronto at Scarborough; Tiina Pedel, Senior Program Design and Development Analyst, Ministry of Training, Colleges and Universities

Students with Disabilities transitioning from High School to College or to University, can experience unique challenges. Learn about the tools and programs available to ensure access is a positive experience for them.

This joint presentation by Colleges and Universities Offices for Students with Disabilities, the Ministry of Education, and the Ministry of Training Colleges and Universities will provide insights and key resources to help you increase your student's ability to access key tools and resources.

Including:

- MTCU Web site on Transitions for Students with Disabilities designed for Guidance counsellors/students/parents
- Value of early preparation for the transition from sec school/documentation
- Summer transition programs (at most colleges and universities)
- Services that benefit students and can be arranged through transitions
- Positive profiles of students who have successfully transitioned
- Discussion to solicit your ideas on how linkages between Secondary Schools and Postsecondary Institutions can be improved

Secondary School

C – 10 An Update on Dual Credits

Phil Hedges, Education Officer, Ministry of Education

This workshop will provide an update on the implementation of dual credits as a key component of the Student Success strategy. It will focus on the role of guidance counsellors in the selection of appropriate candidates for these programs. Provincial data on the success of students in these courses will be shared. The role of guidance staff in ensuring that student achievement is accurately reported both on student report cards and OSTs as well as in OnSIS data submissions will be highlighted.

Secondary School

C – 11 Women in Capital Markets - The Next Big Thing

Kathryn Smith, Chair of High School Liaison Committee, Women in Capital Markets

This presentation is an overview of the capital markets industry and the possible careers available for students with interest in math, science, business or economics. It is geared to guidance counselors to give them the information so that they can encourage students to consider one of the many careers available in the capital markets industry.

The presentation begins with a new video called “Capital Markets – The Next Big Thing” which is a primer on capital markets and specific job roles within the industry, plus interviews with women describing their work experience in the business.

Part of the presentation will explore the different career opportunities available and what kind of background/personality/education would make a student successful. It encourages young people to take charge of their own career choices and outlines tips to become more proactive in the management of their futures.

A 20-minute interactive trading game will demonstrate how to analyze investment opportunities and will help guidance counsellors.

Secondary School

C – 12 Établir un partenariat avec le CEI afin d'appuyer la réussite des élèves

Sarah Irwin, Directrice en chef; Lise Leclair, Agente principale d'information et du marketing, Independent Learning Centre

Depuis plus de 80 ans, le Centre d'études indépendantes (CEI) est le fournisseur d'éducation à distance de l'Ontario en plus d'être un véhicule de confiance pour la réussite personnelle. La plateforme d'apprentissage polyvalente du CEI est conçue pour servir de complément naturel au modèle d'école secondaire de l'Ontario, en travaillant conjointement avec les conseils scolaires et les écoles privées et indépendantes.

Cet atelier présente le modèle d'école de jour clé en main du CEI, qui offre tranquillité d'esprit et convivialité aux conseillères et conseillers en orientation et au personnel enseignant. Les cours à crédit du CEI sont spécialement conçus en vue des études indépendantes par une équipe d'enseignantes et enseignants expérimentés et de conceptrices et concepteurs de programmes. Le travail des élèves est noté par des enseignants adjoints du CEI (autorisés par l'Ordre des enseignantes et des enseignants de l'Ontario), le matériel de cours est fourni et des mis à jour sont souvent lancés pour correspondre aux révisions du curriculum. L'atelier abordera également l'expérience des élèves, dont l'intégration de la technologie pour satisfaire aux attentes des cours de façon conviviale, l'outil de soumission des devoirs en ligne, et les appuis que le CEI met à la disposition de vos élèves.

Secondary School, Francophone

C – 13 Creative Thinking for Global Citizenship

*Joel Hilchey, Founder & Executive Director; Hillary Newkirk, General Manager,
The Beanstalk Project; Brandon Love, Student of Wonder in Residence*

This workshop is about innovative thinking and exciting ideas. It will be fun, because thinking and learning SHOULD be fun.

Join us as we take you through a laughter-filled process to envision and explore more ideas for your school community than you ever thought possible.

The Beanstalk Project is a youth engagement initiative to help students develop their own community projects and create positive social change. Students' views of "what's important", both at their school and in the world, are heavily influenced by their guidance counsellors and teachers, and a few simple tricks can help an educator flip a student from being an "exister" to being a contributing and successful superstar.

You'll come away with tools to aid and empower creative thinking, techniques for helping students tap into their natural motivations, and a better understanding of what ideas get students (and YOU!) excited.

Facilitated by a juggler, a magician and an outdoor educator, it's guaranteed to be an experience!

Middle School, Secondary School

C – 14 VISIT EXHIBITORS

MONDAY WORKSHOPS

SESSION "D"

Monday, November 9 3:15 – 4:30 pm

(Please indicate your first and second choice on your registration form)

Note: \$\$\$ means that the presenter is promoting a product that can be purchased

D – 1 Data Boot Camp for School Counsellors & Administrators - PART 2

Dr. Russell A. Sabella, Professor, Florida Gulf University

The Data Boot Camp for School Counselors is designed to advance technological literacy among counselors in a useful and practical manner. Particular attention is given to using Microsoft Excel™ to make data an important part of your comprehensive school counseling program. From data-driven decision making, to monitoring progress, to reporting the positive impact you're having on kids -- this workshop will demystify how it's done. Workshop content is pre-planned although flexible enough to meet individuals' specific technological training needs.

****Participants should sign up for both Part 1 (in Session C) and Part 2 (in Session D)**

Elementary School, Middle School, Secondary School, General, Francophone

D – 2 How the Ontario Skills Passport can Jazz up your Guidance & Career Education Courses!

Chantal Locatelli, Senior Policy Adviser, Ministry of Education; George deKleer, Guidance Counsellor, Peel District School Board

This workshop will provide you with a good overview of the OSP and the tools and resources that you can use with learners in Guidance and Career Education Courses, including videos, games and self-assessments. Your learners can use the OSP to learn about Essential Skills and work habits and understand why they matter in school, work and life. They can also do a self-assessment and compare their results to the skills used by workers on the job. The objective of this workshop is to show teachers how they can use the OSP with learners to help them make informed decisions about courses, programs, postsecondary pathways and careers as part of their Annual Education Planning process.

Middle School, Secondary School, General

D – 3 Education & Career Planning: A process, not an event

Lynn Sadlowski, Educational Sales Consultant, Career Cruising

All too often education and career planning is treated as an event, not a process. Education and career development activities in Ontario schools are often started too late and are too few. Research has shown that teaching the process needs to begin in Grade 7 or 8 for the following reasons:

- choices students make in middle school have a strong bearing on their future career development
- poor course selection at this level can have a ripple effect of not only affecting learning in high school, but also influencing attainment in post-secondary education
- without a plan, students lack a sense of purpose; why go to school?
- middle school seems to be a critical point for school engagement

There is a need for education and career guidance activities to be delivered intentionally and systematically, ensuring that all students receive attention and information.

Middle School, Secondary School

D – 4 Promouvoir l'équité et l'éducation inclusive au sein des écoles de langue Française en Ontario

Charline Rowan, Formatrice provinciale et Responsable des ressources éducatives; Kathryn Penwill, Co-directrice, Le Centre ontarien de prévention des agressions (COPA)

L'atelier « Promouvoir l'équité et l'éducation inclusive » part de la prémisse que la discrimination (par exemple, l'homophobie, le racisme et le sexisme) et l'agression (par exemple, le harcèlement et l'intimidation) nuisent à la réussite des élèves. En revanche, la prévention des agressions et la promotion de l'équité et l'éducation inclusive peuvent contribuer à la réussite de chaque élève. Le COPA prône une approche visant l'établissement d'une culture scolaire qui promeut le respect des différences et des droits de base, en suscitant la participation de tous les membres de la communauté scolaire. Lors de l'atelier, l'animatrice s'appuie sur les ressources éducatives élaborées dans le cadre du projet Bien-être à l'école par le COPA et la Fédération des enseignantes et des enseignants de l'Ontario. Les personnes participantes apprennent à mieux connaître ces ressources éducatives et à comprendre les grandes lignes de l'approche du COPA à l'égard de la prévention des agressions et de la promotion de l'équité et de l'éducation inclusive. Un survol des stratégies permet aux membres du personnel scolaire de mieux traiter des problèmes liés au déséquilibre du pouvoir, incluant diverses formes de discrimination et d'exclusion qui surviennent dans les écoles.

Elementary School, Middle School, Secondary School, Francophone

D – 5 Youth Speak: Former at-risk youth share personal stories in overcoming challenges

Una Wright, Program Trainer, YouthSpeak + 2 Youth Presenters

This facilitator-lead interactive workshop will inspire the audience through personal stories shared by trained youth speakers. These former at-risk youth will provide participants with an honest and courageous account of their real experiences with addictions, mental health, bullying, body image issues, low self-esteem and other teen-related issues. This presentation will use a strength-based approach, validating and educating participants through the voice of youth. Participants will be informed and inspired by their capacity for change through their journey of resilience and healing. The youth speakers will give insight into the relationships and factors that they identify as opportunities and barriers to their social adjustment and personal success thereby providing participants with creative perspectives to bring to their own work. The trained youth speakers share a message about a renewed sense of respect for positive relationships and taking steps to help them move forward in their lives. The message learned at a young age is that personal and social responsibility leads to self-acceptance and is imperative for living a meaningful and positive life. They enjoy speaking to adults who work with and care about youth with the goal of giving them hope. The workshop includes two youth speakers and a question and answer period.

Middle School, Secondary School

D – 6 The Guidance Counsellor's Role with e-Learning, Dual Credits, SHSM

Claudine Tyrell, Guidance Counsellor/ACL Student Achievement, Toronto District School Board

The purpose of this presentation will be to discuss the Guidance Counsellors role in some of the new Ministry mandated initiatives. Guidance Counsellors will be able to assess the current situation at their school and find the proper resources that will assist them to co-ordinate such programs, but also promote these programs to students who may find success in these programs. Counsellors will be provided with best practices on how to obtain support from Administrators, Staff and the wider community.

Secondary School

D – 7 Operation Start Up

Russ White, Chief Operating Officer & Vice President, Youth-In-Motion

Operation Start Up is a unique and interactive workshop which will provide you with a resource kit to use in the classroom that will challenge your students to consider entrepreneurship as a career path. Educators will receive not only workbooks, but also a power point CD and an interactive GoVenture Education Simulation CD that brings games and simulations to students in an exciting new way so as to develop their business and literacy skills.

Middle School, Secondary School

D – 8 Fostering Resiliency in All Children and Youth

Dianne Banasco, Guidance Counsellor / Acting Student Success Resource Teacher, Toronto Catholic District School Board

How do we help our students meet the challenges of everyday life?

In this interactive workshop we will explore resiliency and the dynamic of protective factors as well as risk factors in our young peoples' lives. We will reflect on best practices and current resources for amplifying our youths' protective factors and mitigating risk factors. Participants will have an opportunity to interact with colleagues and apply this information to their own personal settings.

General

D – 9 Great Guidance Using The 7 Habits of Highly Effective Teens

Gordon Tenhage, Eastern Canada Sales Manager; Joel Hilchey, Presenter; John Vanlpernan, Presenter, School Specialty Canada

Are you listening? Are you stopping to think before making decisions? Why can't you just stop making excuses and blaming others and start taking control of your life?

Don't these things sound familiar?

Join us as we explore the re-culturing of our schools using the 7 Habits of Highly Effective Teens by Sean Covey. This step-by-step guide to help teens improve their self-image, build friendships, resist peer pressure, achieve their goals and get along with their parents is an indispensable book for young people.

This interactive session will give you an energized overview of the 7 Habits and will highlight programs that help students use simple tools to set themselves up for success, achieve extraordinary results, and understand their individual power to choose. Joel is the Eastern Canada presenter for School Specialty, and his humour, delivery, and character add a unique flair to the dynamic presentation that engages teachers as much as students. You'll take away ideas and activities that are memorable, empowering, and easily translated into real life applications.

Direct application will be made to Ontario's Student Success Programs, Character Development for Positive Behaviour, High School Transition Programs and Bullying Prevention.

Let's empower and engage students for success!

Middle School, Secondary School

D – 10 **Naturopathic Medicine and Alternative Health - Career Opportunities**

Kim Bretz, ND, Naturopathic Doctor

Healthcare is rapidly changing and new avenues in medicine are continually evolving, especially due to our aging population. Naturopathic medicine is an area that combines traditional Western medicine, including regular blood testing, reading x-rays and in some jurisdictions, prescribing of medications along with balancing lifestyle, diet, supplements, herbs and acupuncture. As the scope of this career expands it is taking on a more important role within healthcare and not only involves work as a primary healthcare provider but work within research, lab/supplement and pharmaceutical companies, media, government and a growing role within corporate healthcare. Learn about the education required and general path for this career, the basics on some unregulated areas within alternative health, as well as what types of students may be suited for this type of career.

Secondary School

D – 11 **Ministry of Education Update and Dialogue**

Virginia Luh, Education Officer, Ministry of Education

This is an opportunity to hear about what's new from Ministry of Education representatives. There will be an opportunity for questions and dialogue.

Elementary School, Middle School, Secondary School

D – 12 **Kids Have Stress Too! Helping Children Develop Personal Coping Strategies (Kindergarten to Grade 3)**

Claire McDerment, Trustee & Program Chair; Judy Ferguson, retired guidance counsellor/ volunteer, KHST Program

The *Kids Have Stress Too!* program has been designed for teachers (and other school professionals/educators such as guidance counselors, psychologists, social workers) who teach children in the age range of five to nine years old (Kindergarten to Grade Three).

Children lack the life experience of adults and have few strategies to cope with stress. *Kids Have Stress Too!*® is all about teaching children to learn physical and mental strategies to relieve stress and find ways to respond to stressful situations. Learning these coping strategies will help children to gain a sense of control and learn how to relax. As a teacher, you know that this is an age group with wide variations in emotional and intellectual abilities. This program is not meant to be prescriptive, but *flexible* enough so that you can choose activities from the program based on what stage the children might be in terms of emotional and intellectual growth. Overall, children who are better able to deal with stress are healthier, happier and do better at home and at school. They learn at an early age many of the skills needed to navigate their way to personal success!

Participants who attend will be given an overview of this program which has been developed by The Psychology Foundation of Canada and based on research and the feedback and suggestions of teachers.

Elementary School

D – 13 **Success in Higher Education for Students with Mental Health Disabilities**
Enid Weiner, Co-Partner; Bharat Saini, Co-Partner, PRHEP: Preparing Realistically for Higher Education Pursuits

Guidance counselors play a critical role in helping students with serious mental health issues transition to higher education. The purpose of this workshop is to highlight the ingredients and strategies for success that students with mental health disabilities need to have in place in order to be successful in pursuing post secondary education. Knowing these key factors will help inform guidance counsellors' practice in working with these students at the high school level.

It is hoped that by attending this workshop, participants will be in a better position to understand the educational trajectory of students with mental health disabilities and to assist these students in choosing an elevated career path that they might not have thought was possible. Issues around understanding and acceptance of the illness, the intimate relationship between managing one's health and one's studies, barriers and supports, services and resources both in the community and on campus will be discussed.

Middle School, Secondary School

D – 14 **VISIT EXHIBITORS**

TUESDAY WORKSHOPS

SESSION "E"

Tuesday, November 10 9:00 – 10:15 am

(Please indicate your first and second choice on your registration form)

Note: \$\$\$ means that the presenter is promoting a product that can be purchased

E – 1 A Journey to the Future: The Real Game 2.1 (Middle School Digital Edition)

Judy Ferguson, Ontario Trainer for Real Game Series; Phil Jarvis, Vice President; Helen Hackett, Vice President, National Life/Work Centre

The goal of the new revised program for middle school students is to help them imagine the future they want to live, understand the importance of success in school and become more intentional and purposeful in achieving their dreams. They begin the program as an adult, role-playing as a member of a community, going to work, facing life as an adult, solving problems and even having fun. They end the program as themselves, reflecting on their experience and seeing what they personally might want or need for themselves as they prepare for the world of work. New online components make delivering the program easy and more engaging for facilitators and students. Activities such as *Wish List*, *After Work*, *Reality Check* can now be accessed on line at school or home. Now parents can be more actively involved in helping their children navigate their way to success by, for example, helping them with budgeting or decision-making lessons. *Character* and *Environmental* components as well as *Essential Workplace Skills* have been integrated into the program. During this interactive workshop, teachers will describe their experiences implementing **The Real Game** program in their classroom, highlight many of these valuable changes and share their best practices.

Middle School

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E – 2 Leveraging Social Capital for Student Success

John-Paul Hatala, Professor, Louisiana State University & Director, Flowork

This presentation will discuss social capital and its impact on student success. More specifically, it will take the ubiquitous term 'social capital' and provide a framework for increasing the utility of social networks as a means for supporting a student's academic and career success. A student's ability to access social resources is critical to effectively turning the relationships they have into social income. Social Exploration is a researched based "next generation" understanding of what has commonly been called social networking and is the process of systematically exploring a student's network for resources to help reach their goals. This requires the ability to access the right contacts who can provide the right information at the right time and goes beyond simply knowing a lot of people but having a solid understanding of what your contacts know and what they know about you. For this to occur, the student needs to know who is in their network and how they can develop a relationship that will benefit both parties. This presentation will introduce a systematic way for turning social capital into income that can be leveraged while traveling down the academic and career path. The process involves four steps: (1) self-analysis of network accessibility; how does the individual perceive their ability to access social resources? (2) setting goals; Has the student identified what they would like to accomplish and are able to communicate it to their network? (3) linking contacts to goals; Have they been able to identify individuals who can help them accomplish their goals? And (4) mobilizing network resources; are they able to utilize their relationships and the inherent resources? When a student can accomplish these steps, the likelihood of cashing in on their social capital dramatically increases.

Elementary School, Middle School, Secondary School

E – 3 FLY: Interdisciplinary, Experiential Learning Program for Senior At-Risk Students

Julianne Greenwood, Cross-Curricular Head, Student Success; Darlene Fournier, Head of Health & Physical Education, Peel District School Board

This will be a hands-on, interactive workshop where participants will be introduced to an alternative, experiential learning program called "FLY" (Finding Limitless You). FLY is a 4-credit interdisciplinary package designed to target at-risk students who are disengaged from their learning and their school, and to re-connect them to their community. Based on the premise of recent research that shows daily activity helps improve student achievement, FLY is an outdoor adventure themed program where students engage in a wide variety of "adventure" activities and daily physical activity. Other research also shows that boys, in particular, flourish in an atmosphere of competition which is also an integral part of the program. Using a wide variety of teaching and assessment tools, students learn not only the academics, but also team work, character building and employability skills which lead to a variety of pathways. There will be first-hand accounts from students and a variety of handouts made available during this workshop.

Secondary School

E – 4 Toolkit Revisited: Resources for Guiding Personal Success!

Marilyn MacLennan, Head of Student Services, L.B. Pearson High School, Halton District School Board, and OSCA President

New to the guidance tool kit or to guidance? Here is an opportunity to look through the toolkit materials and discover how to use and adapt the resources for your guidance and career education program. Discussion will be about suggestions for additional resources that would be helpful.

Elementary School, Middle School, Secondary School

E – 5 Out With the Textbook: Helping your students succeed in the new digital post-secondary world

Colleen O'Neill, Executive Director, Canadian Publishers' Council

This workshop will be presented by members of the Canadian Publishers' Council (Elsevier Canada, John Wiley & Sons, McGraw-Hill Ryerson, Nelson Canada and Pearson Education Canada) Canada's premier publishers responsible for creating and developing content at the post-secondary level.

This workshop will demonstrate (with product) how instructors at the post-sec level have changed their teaching methods including how they deliver course content in both a traditional and digital environment. Students entering post-secondary will be faced with many options as to what format of course materials (e-books; traditional textbooks; study guides; web-based learning materials, test banks etc) they choose to purchase to supplement the professor's learning style. Ideally, students would find it useful knowing what to expect learning in a more fully digital environment before arriving at college or university.

The workshop will include discussion as to how publishers could assist counsellors, secondary school teachers and parents as they prepare students for this significant change in learning at this level.

Secondary School

E – 6 Navigating the Fragmented Apprenticeship System in Ontario

Art Mayer, apprenticesearch liaison; Dev Baichan, apprenticesearch liaison, apprenticesearch.com (Halton Industry Educational Council)

This workshop will provide general information about apprenticeship in Ontario as well as highlight the website www.apprenticesearch.com. This not-for-profit, free site connects employers with apprenticeship jobseekers across the province. The information and the website demonstration will be of great value to guidance counsellors who encourage students to learn more about skilled trade careers and pursue the apprenticeship pathway. Steps job-ready applicants can take to register on apprenticesearch, post resumes, and apply for apprenticeship positions will be demonstrated. Valuable educator resources will be distributed to all participants. The information provided will be of great value to students, guidance counsellors, and their professional colleagues.

Middle School, Secondary School

E – 7 The City - Teaching Financial Literacy

Jeff Balch, Teacher Companion, Federal Consumer Agency of Canada

Starting next year, students in Ontario schools will be expected to receive financial literacy training to develop financial literacy skills to prepare them for the future. Will your students be prepared? **The City**, a resource developed by the Financial Consumer Agency of Canada and the British Columbia Securities Exchange provides teachers with the knowledge, lesson plans, activities and assessment for their classroom. Participants in this workshop will not only receive the binder that will provide them with all the necessary information plus it will provide first-time users with best practice, DI activates and helpful hints.

Secondary School, General

E – 8 Welcome to the new "ontariocolleges.ca" Application to College System

Lucy Batista, Manager, Client Services; Robb Blacquiere, Manager, IT Systems, Ontario College Application Services (OCAS)

Following the recent launch of our newly redesigned online application to college service, this session will provide High School Counselors' with the opportunity to view a demonstration of the online application to college system and ask questions related to both applicant-facing and high school administration screens.

This will be an interactive session designed to equip Counselor's with the knowledge and tools necessary to assist college-bound students.

Secondary School, General

E – 9 Rifssso (Le Regroupement des intervenantes et intervenants francophones en santé et en services sociaux de l’Ontario)

Carline Zamar, Project Officier; Christiane Fontaine, Executive Director, Rifssso (Le Regroupement des intervenantes et intervenants francophones en santé et en services sociaux de l’Ontario)

La présentation portera sur les différents outils d'information qui ont été développés par le Rifssso pour informer les étudiants des écoles secondaires francophones sur les possibilités de carrières dans les domaines de la santé et des services sociaux. Les participants auront d'ailleurs l'occasion de partager leurs besoins et les ressources qu'ils aimeraient avoir pour informer les jeunes sur les carrières dans ces domaines.

Middle School, Secondary School, General, Francophone

E – 10 Creating Safe Spaces for LGBT Students and Families

Julie Slimmon, Guidance Counsellor; Paula Kipfer, Guidance Counsellor, Waterloo Region District School Board

Personal success can take many forms and is the culmination of many factors. Regardless of whether a person defines success on academic, athletic, emotional or social grounds the tapping into the potential of any student needs to start with creating a safe space. Our schools and especially our offices and classrooms need to be places where students are able to be themselves, places where risks can be taken and where mistakes can be made. As an invisible minority LGBT students and students of LGBT parents frequently do not have safe spaces within our schools.

Information and discussion will focus on: What is a safe space? How do we create a safe space? And what are the particular barriers to safe spaces for the LGBT community? Come and hear about 10 things you and your school can do to create safe spaces for LGBT students and families.

Elementary School, Middle School, Secondary School

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E – 11 Using Drama for Social Change

Jessica Outram, Teacher/Literacy Coach, Durham Catholic District School Board

This workshop will focus on using techniques of Theatre of the Oppressed to ignite social change in schools. The activities can be used to encourage students to work through challenges in regards to diversity, conflict, bullying, and various character development themes. This is a hands-on workshop. Participants will also be given resources to begin working with groups in schools on fostering communities of respect. By using Drama, students can work towards personal success and learn about themselves and difficult topics from the inside-out. Theatre of the Oppressed has been recognized by UNESCO as a tool for social change.

Elementary School, Middle School, Secondary School, General

E – 12 Why Won't They Behave?! Understanding the LD & ADD/ADHD Student.
Monica Zimmermann, Guidance Teacher-Counsellor / Safe Schools Advisor;
Bridget Vorps, Guidance Teacher-Counsellor / Safe Schools Advisor, Toronto
Catholic District School Board

Recognizing and responding to the emotional and behavioural manifestations associated with Learning Disabilities and/or ADD/ADHD is often difficult for families and elementary school personnel. As such, disciplinary measures may be counter-productive, ineffectual and frustrating for all.

This workshop will suggest appropriate interventions and supports for these students, given mitigating circumstances and the progressive discipline continuum (Bill 212: *Progressive Discipline and Safety in Schools*). The importance of the elementary Guidance Teacher-Counsellor as an advocate for these challenging and often misunderstood students will be highlighted.

Elementary School, General

E-13 Guiding Circles - Career Crafting from an Aboriginal Perspective
Emil Boychuk, Guidance Instructional Leader/Retired; Lynn Dennis, Guidance
Instructional Leader/Retired, Toronto District School Board

Guiding Circles combines a traditional Aboriginal worldview with contemporary career development concepts to help achieve career satisfaction. It begins by first understanding where each person is at. It awakens the sense of self-esteem and self-awareness to uncover personal interests that guide toward life paths. Through a variety of activities individuals tell their story and use their life experiences to generate career possibilities, and then more and more possibilities. The process is engaging, interactive, holistic, and culturally proficient. The Toronto District School Board partnered with the Aboriginal Human Resource Council to introduce this resource to teachers and counselors in 2006. Since then they have trained over 90 people and developed units and activities to support curriculum for grades 1 to 12, and initiated a train-the-trainer program. It is used in elementary and secondary classrooms, e.g., delivering expectations in Career Studies, and is a framework for individual counseling. This workshop will introduce you to the program, highlight key principles, and will run hands-on activities.

Elementary School, Middle School, Secondary School

E – 14 VISIT EXHIBITORS

Tuesday, November 4 11:00am - 12:00 pm

(Please indicate your first and second choice on your registration form)

Note: \$\$\$ means that the presenter is promoting a product that can be purchased

F – 1 Ontario's Career Colleges: Education That Works

Paul Kitchin, Executive Director; Krista Seggewiss, Media Communications Coordinator; Don Thibert, Past President, Ontario Association of Career Colleges

The definition of personal success is different for every student. By 2020, more than 70 per cent of all jobs - including entry level positions – will require some form of post secondary education or skills training. Not all students are cut out for university or community college. Therefore, it is important to have all post secondary options on the table when advising students about their future. Career colleges offer intensive, hands-on training that prepares students to enter the work force sooner. Students can earn a diploma or certificate in an average of 12 months or less. Career colleges have been providing vocational training to Ontarians for more than 140 years but many high school students remain unaware of the benefits associated with career college education. Career colleges are a viable option for students who learn best by using their hands and those who thrive in small class sizes. Using statistics from the provincial and federal governments, this presentation will briefly outline the province's career college sector. It will focus on what types of programs career colleges offer and what kinds of students attend the colleges. Finally, the workshop will provide a checklist for guidance counselors and students on how to select a career college.

Middle School, Secondary School

F – 2 Dual Credits - School Within a College (Grand River Region)

*Jan Tyrrell, SWCI, Grand River Planning Team
Technology Services, Ontario College Application Services*

School Within A College (SWAC) is a program in the School College Work Initiative that provides opportunities for students aged 18 – 20 yrs. who are at risk of not achieving their OSSD, have become disengaged with learning at the secondary school level but are capable of being successful at a college level.

The Grand River planning Team is comprised of a partnership of the Brant Haldimand Norfolk Catholic District School Board, the Grand Erie District School Board, Fanshawe College (Simcoe campus) and Mohawk College (Brantford campus) Courses are offered in congregated classes at the colleges using a College taught model in areas of the Trades, Human Relations and Business.

The secondary school teacher delivers credit recovery, ILC courses as well as class delivery of English classes. They are responsible for guiding the students in their quest for personal success. These classes have had an incredible success for students and there has been significant commitment by students who are successful and have gone on to postsecondary education.

Secondary School

F – 3 Focused, purposeful and accurate course planning with Career Cruising
Lynn Sadlowski, Educational Sales Consultant, Career Cruising

Connecting the course selection process with career exploration and long-term education planning helps students understand the impact their choices will have on their career prospects. Schools across Ontario are creating this linkage using Career Cruising's Course Planner add-on, helping students make informed choices while also saving counsellors' time and resources. We will review a number of features that will be of special interest to OSCA members, including the ability to track SHSM coursework and the ability to create a four-year plan for inclusion in the AEP.

Secondary School
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F – 4 Les initiatives ministérielles et le rôle des conseillers et conseillères en orientation
Lyette Serrurier, Agente d'éducation, Ministère de l'Éducation de l'Ontario

Venez réfléchir et échanger sur le rôle que peut jouer la conseillère ou le conseiller en orientation afin d'appuyer les initiatives de la Stratégie pour la réussite des élèves et autres initiatives ministérielles.

Elementary School, Middle School, Secondary School, Francophone

F – 5 Where's your line? Preventing Peer Sexual Victimization
Pauline Auty, Vice President, The Canadian Safe School Network; Dawnmarie Harriott

This DVD, and Guidebook of learning activities will help girls ages 12-15 who have been or might become victims of sexual assault or sexual harassment by male acquaintances, friends or boyfriends. By sexual assault we mean any "unwanted contact of a sexual nature" and by sexual harassment we mean "repeated acts of a sexual nature that cause another person to fear for their safety".

Although **Where's Your Line?** is designed to help girls, all students are encouraged to participate in the activities and discussions. By helping everyone understand and practice how to relate to each other in healthy respectful ways, we can ensure that platonic and romantic relationships can be positive experiences for both girls and boys.

The youth in our focus groups have told us they want honest answers from experts about how to end or avoid sexual victimization in relationships with their peers, including acquaintances, friends or dating partners. The resource is a response to these requests for help and support in creating healthy intimate relationships and answers three big questions:

Where's your sexual boundary line?

How do you determine where it is?

Where's your tolerance line?

How do you defend your sexual boundary line when it is being violated?

How do you respect and defend someone else's sexual boundary line?

Where's your life line?

Where can you get the answers and the help you need when your line is crossed and you are not sexually safe?

Middle School, Secondary School
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F – 6 Inspected Private Schools in Ontario

Anthony DiLena, Coordinator of Private Schools and Attendance, Ministry of Education

This workshop will provide valuable information on Private Inspected Schools in Ontario and overseas authorized to grant Ontario Secondary School Credits by the Ministry of Education. The presentation will include: Private School Policy, an overview of the types of private schools in the province and overseas, the Inspection Process, Legislation, Compliance issues, current challenges and a question and answer period.

This workshop is a must for any Guidance Counsellor interested in learning more about how private schools are regulated and inspected by the Ministry of Education. It will provide valuable information for students and parents about making well informed choices in their career planning.

Secondary School

F – 7 Academic Pathways - Fundamentals to Degree Opportunities

Mark Derro, Chair, School of Media and Design; Jo-Anne Kyriakou, Program Coordinator (MCF and DCF – Fundamental Programs), Conestoga College

This presentation is designed to provide a comprehensive overview of post secondary pathway opportunities inclusive of the following:

- assessment and admission requirements
- fundamental and foundation programs
- college credentials
- university/college affiliations and collaborations
- college and high school initiatives (SHSM)
- national and international credential pathways

The presentation will focus on Conestoga College's – School of Media and Design – initiatives and experiences with respect to student success, and provide participants with the current landscape of post secondary education (college) credentials, as well as the increased collaboration between college and universities.

The positioning of Fundamental (Foundation) programs into the learning cycle will be examined with opportunities for participants to see the quality of student work which contributes to student portfolio (interview and portfolio presentations) related to post secondary program admission requirements.

Secondary School

F – 8 **Summer Company Panel of Young Entrepreneurs**

Jodi Sinden, Business Consultant, Ministry of Economic Development and Trade, Entrepreneurship

Summer Company helps students create summer jobs they love. Students can start their own business and receive up to \$3000 to run it for the summer. They also receive training, mentoring and gain valuable business and leadership skills.

From recent participants:

“The sense of accomplishment is much greater than anything I’ve ever experienced.”

“During the Summer Company program I learned a lot of skills that could help not only in business, but in life.”

With Summer Company, students can turn a hobby or skill like music, jewelry making, organic gardening, quilting, sports instruction, or ability to create something into a summer business. 92% of past participants agree that Summer Company gave them skills that were transferable to other areas of their careers and lives and 96.2% would recommend Summer Company to a friend. **In this session, a group of past Summer Company participants talk about their experience.**

Summer Company is a program of the Ministry of Economic Development and Trade of the Government of Ontario.

Secondary School

F – 9 **Careers in Banking**

Eric Appleyard, Manager Corporate Recruitment and University Relations, TD Bank Financial Group

This workshop would be designed to educate conference participants about the different career options available within banking. Emphasis would be placed on options available to students across all areas of banking. Particular attention would be placed on what banks look for in students in terms of knowledge, skills and abilities. In addition participants would learn what each area of bank does and how they relate to each other. This in turn will allow participants to engage students and advise them on educational programs and other activities that will allow students to navigate different career options that are open to them within the banking industry. Areas of banking that will be covered are:

- 1) Retail Banking
- 2) Commercial Banking
- 3) Investment Banking
- 4) Wealth Management
- 5) Insurance
- 6) Head Office functions

Secondary School

F – 10 Why Didn't You Tell Me That No One Was Buying?

Kevin Bray, Counsellor/Economist, Find Your Shade of Green

Counsellors are a little like real estate agents who advise clients how to get a house ready for sale. Our clients want to know how to sell themselves in the job market. In this presentation you'll learn about labour market information and forecasts (what's hot and not) and why flipping a coin might be the best tool for career counselling. We'll also look at the gap between post-secondary programs and labour market trends.

Secondary School

F – 11 Developing Financial Skills for Personal Success

Christine Alum, Investor Education Specialist, Investor Education Fund

This interactive workshop will give you tools you need to teach financial concepts from saving and budgeting to career planning. Learning resources include online budget calculators, self-assessment quizzes and personal finance videos.

Attend this workshop to receive free classroom-ready resources and tools to make teaching money management interesting and fun. Learn about the Financial Reality Check Award – your students can win cash by investigating the cost of a post-secondary destination of their choice

You will leave this workshop with strategies to help you teach and develop students' financial skills.

Middle School, Secondary School

F – 12 Supporting Success: Outreach and Access at Ryerson University

Rona Abramovitch, Advisor on Outreach and Access, Office of the Provost and VP Academic, Ryerson University

The presentation will describe programming at Ryerson University focused on increasing access to post-secondary education for marginalized youth and adults who would not otherwise interact with or experience higher education. Our work is based on the belief that education can break the cycle of inter-generational poverty and social exclusion, and that higher education transforms lives.

Some of the programming enables adults without the credentials to enter university, gain university admission through academic course work and other supports.

We also work with high school students: Ryerson University Now (RUN) offers students still involved in high school but who may be at risk of not completing high school, or who may complete, but not consider continuing their education, the opportunity to earn a university credit while they are still high school students.

Road to Ryerson gives high school students who just missed getting into Ryerson a "second chance." These are students who may be missing necessary courses and/or whose grades may not be quite high enough for admission. They return to high school -- the so-called "victory lap" and are guaranteed admission to Ryerson the following academic year if they improve their grades and have all of the necessary courses.

Secondary School, General

F – 13 **The Choking Game - The Deadly Playmate**

*Sharron Grant, Executive Director, GASP; Kristen Orser, Director, GASP
(Games Adolescents Shouldn't Play)*

What is the Choking Game? : Adolescents cut off the flow of blood to the brain, in exchange for a few seconds of feeling light-headed. Some strangle themselves with a belt, a rope or their bare hands; others push on their chest or hyperventilate. When they release the pressure, blood that was blocked up floods the brain all at once. This sets off a warm and fuzzy feeling, which is just the brain dying, thousands of cells at a time

Games Adolescents Shouldn't Play is an international not-for-profit association founded for the purpose of putting an end to the Choking Game—an asphyxiation activity that causes the needless death of children and suffering of communities.

There exists a common misconception that by discussing the dangers of the Choking Game, we are “teaching” children how to play the game itself. This cannot be further from the truth—most children already know about the Choking Game, yet very few understand the inevitable danger. None of our materials show children how to play, and we take an active stance against any organization that teaches the game as part of their message.

We will discuss the following:

1. Why children are playing this game
2. Current Canadian Statistics
3. A Personal account of the effects on a family
4. Prevention and awareness

Elementary School, Middle School, Secondary School